LISTING OF CLAIMS

This Listing of Claims will replace all prior versions of claims in the application.

What is claimed:

Claim 1 (Original): A nutritionally balanced, traditional snack food having a water activity of less than 0.90; and comprising, on a 100 kcal reference serving basis:

- a.) at least 5 grams of an amino acid source;
- b.) less than 3 grams of a digestible fat; and
- c.) a carbohydrate that provides the balance of the total caloric value of said food and at least about 2.5 grams of dietary fiber.

Claim 2 (Original): The traditional snack food of Claim 1 having a water activity of less than 0.85 and comprising an adjunct ingredient.

Claim 3 (Original): The traditional snack food of Claim 1 comprising, on a 100 kcal reference serving basis:

- a.) from 5 grams to 13 grams of an amino acid source; and
- b.) from about 2.5 grams to about 5.0 grams of dietary fiber.

Claim 4 (Original): The traditional snack food of Claim 1 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption of less than 7.0 grams per gram of fiber, and mixtures thereof.

Claim 5 (Original): The traditional snack food of Claim 1 having an amino acid score from 0.60 to 1.00.

Claim 6 (Original): The traditional snack food of Claim 1 comprising less than 2 grams of digestible saturated fat.

Claim 7 (Original): The traditional snack food of Claim 6 comprising less than 2/3 of a gram of digestible saturated fat.

Claim 8 (Original): The traditional snack food of Claim 1 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids and mixtures thereof.

Claim 9 (Original): The traditional snack food of Claim 1 wherein said food is a filled cracker, spread, snack crisp, brownie or potato crisp.

Claim 10 (Original): The traditional snack food of Claim 1 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

Claim 11 (Original): The traditional snack food of Claim 1 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₋₆, folate, vitamin B₋₁₂, biotin, and pantothenic acid and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

Claim 12 (Original): A mix system for producing the nutritionally balanced, traditional snack food of Claim 1 said mix system comprising a mix that comprises:

- a) at least about 18.0% amino acid source;
- b) no more than about 5.0% digestible fat; and
- c) a carbohydrate that provides at least about 8.7% dietary fiber.

Claim 13 (Original): The mix system of Claim 12 wherein said amino acid and fiber sources of said mix are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a panicle size of less than 150 microns and a water absorption of less than 7.0 grams per gram of fiber, and mixtures thereof.

Claim 14 (Original): The mix system of Claim 12 wherein said mix comprises no more than about 5.0% digestible saturated fat.

Claim 15 (Original): The mix system of Claim 14 wherein said mix comprises no more than about 0.9% digestible saturated fat.

Claim 16 (Original): The mix system of Claim 12 wherein said mix comprises a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

Claim 17 (Original): The mix system of Claim 12 wherein said mix comprises a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

Claim 18 (Original): The mix system of Claim 12 wherein said mix comprises fluoride; sodium; potassium; and a sufficient amount of vitamins and minerals to provide the finished traditional snack food with, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₋₆, folate, vitamin B₋₁₂, biotin, and pantothenic acid and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

Claim 19 (Original): The mix system of Claim 12 comprising a separately packaged shortening that comprises a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof; and said mix system having a ratio of separately packaged shortening to mix of less than about 0.34:1.

Claim 20 (Original): The mix system of Claim 19 having a ratio of digestible fat to total non-digestible lipids, partially digestible lipids, and mixtures thereof; of no more than about 1:2.5.

Claim 21 (New): A mix system for producing the nutritionally balanced, traditional snack food of Claim 1 said mix system comprising a mix that comprises:

- a) at least about 18.0% amino acid source;
- b) no more than about 5.0% digestible fat; and
- c) a carbohydrate that provides at least about 8.7% dietary fiber, and a separately packaged shortening that comprises a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof, said mix system having a ratio of separately packaged shortening to mix of less than about 0.34:1.

Claim 22 (New): The mix system of Claim 21 having a ratio of digestible fat to total non-digestible lipids, partially digestible lipids, and mixtures thereof; of no more than about 1:2.5.